

Working with men for change that matters.

EveryMan Services Overview 2022.

EveryMan

EveryMan is an organisation focused on men's issues.

We are a specialist community service organisation for men, and for their partners and families. EveryMan's specialist expertise and appetite for working with people with high and complex needs drives many of the referrals to our services, where the full picture often reveals itself only after clients have been taken on board.

EveryMan considers the whole person, not through the lens of a particular problem or service focus or government policy but as an individual who is living with a number of matters which have a material impact on the life of the person and the people around them - personal experience of abuse or intergenerational trauma, use of violence and other behaviours which cause harm and disruption to safety, wellbeing and peace of mind for the people around them, and entrenched and complex interactions with criminal justice, mental health, disability, health, housing and alcohol and drug service systems.

The true value of the support that we provide comes directly from our commitment to working with our clients for outcomes in the areas of life that matter to them. With more than two decades of experience, we have the knowledge and tools to work with men through tough times for change that matters, using our resources and specialist programs for outcomes in areas where our clients have needs, interests and concerns that are important to them.

Our core services:

- Counselling.
- Violence Prevention.
- Indigenous Support & Accommodation.
- Men's Accommodated Support & Outreach
- NDIS.

Every man
needs
someone
to listen.

Counselling.

Confidential conversations in a safe and judgement-free environment, working with people's strengths and abilities to support them to achieve meaningful outcomes in areas of life which matter to them.

Our counselling service is dedicated to supporting men in any and all areas of life, and supporting their partners and families too. The media tells us men are reluctant to engage with counselling, but this isn't EveryMan's experience. Long waiting lists and increasing numbers of referrals are evidence that when you provide a service which understands how to work with men, they will come.

Counselling.

Features:

- Block funded service supports access for low-income clients - no mental health care plan needed.
- Individual, relationship and family counselling with qualified and experienced counsellors.
- Practitioners trained to be alert for and respond effectively to signs of domestic and family violence. Service framework prioritizes the safety of women and children.
- Flexible engagement - face to face, phone or video conferencing, after-hours.

Who Are Our Counselling Services Suitable For?

General:

- Men generally resistant to the idea of counselling but are willing to try a dedicated men's service.
- Men looking for a counsellor who 'understands' men, e.g. knowledgeable about men's needs, interests and concerns, their roles in life, the experiences and challenges they feel are unique to them as men.
- Men dealing with anxiety, depression, suicide risk, alcohol and drug use, trauma, family & relationship issues, sexual issues, gender identity, grief and loss, other personal matters.
- Men dealing with statutory authorities – Justice, Housing, Child Protection Services.

Urgent/Complex Needs:

- Men with high and complex needs requiring high levels of supporting agency resilience - may have related history of agency support failures.
- Men resisting engagement with government agencies and community services or who present with disruptive, intimidatory or violent behaviour leading to service withdrawal, AVOs.

- Men deemed too complex or high risk by government or community sector service providers, e.g. Domestic violence, child and family, mental health, homelessness or youth programs.
- Men presenting with intimidation and violence in non-family settings (public, workplace, clubs etc).
- Men using DFV and need a timely response, but can't enrol in a local MBCP: current programs can't take in new participants, upcoming programs are full, hours aren't suitable, programs not available locally.
- Other people (women, young people, LGBTIQ+) with similar presentations related to living with high and complex needs

Who Refers?

Justice/Corrections, police, Child Protection services, lawyers, mental health agencies, social workers, family, employers, health and community sector service providers, self-referrals.

More About The Service:

Men contact us for themselves, or they come via partners, family, other services or organisations. Although the service is primarily for men we support women and family members who have concerns about men in their lives too. We have a great reputation for our willingness and success in engaging men living with complex matters, like mental health, drugs and alcohol, domestic and family violence, criminal justice, disability and homelessness. There are no restrictions or specific requirements, and we have the experience to help with a wide range of issues. We prioritise by need.

There are no pre-set limits to the number of appointments. There are no fees, but people are encouraged to make tax-deductible contributions which go back into providing more service hours.

**Every man
can live
free of
violence.**

Violence Prevention Services.

EveryMan is committed to supporting men and other people to live violence-free lives.

Working With the Man - specialist Men's Behaviour Change Program for people who have used violence, to effect long-term behavioural change and reduce reoffending.

Partner Advocacy and Support – program for partners and ex-partners affected as victim/survivors and as witnesses to increase safety and provide a safe place to share their experiences and concerns without judgement.

Preventing Violence, Changing Behaviour - 12-week psycho-educational program for men who are struggling with a risk of violence or other abusive or controlling behaviour.

Violence Prevention Services.

Features:

- Block funded service ideal for men who can't afford private behaviour change programs or counselling
- Case management and group programs for men and other people at risk of using domestic and family violence, provided by accredited, qualified and experienced practitioners with specialist advanced practice training in men's behaviour change
- Practitioners skilled in holding men accountable for their use of violence while engaging them to change their behaviour.
- Working With the Man - Men's Behaviour Change Program: accredited program meeting NSW standards for Men's Behaviour Change Programs
- 'Start now' capacity more likely to capture men in the post-violence window where they are taking some responsibility for their use of violence. Group programs create risk of further violence while the man is waiting for the program to start.
- Client engagement and service delivery options adaptable to circumstances – office-based, outreach (e.g. near workplace), phone or video conferencing options, some after-hours appointments
- Direct access to EveryMan's Indigenous Support and Accommodation program for cultural consultation and practice oversight
- Other VPS programs:
- Preventing Violence, Changing Behaviours (PVCB) group program for men using violence with partners and families, or in other community settings
- Award-winning Partner Advocacy and Support service available for partners of men in VPS programs

Who Are Our Violence Prevention Services Suitable For?

- Men recognizing and taking some responsibility for violent, controlling or coercive behaviour
- Men in the process of separation and/or separated due to Family Violence Orders
- Men who have been mandated by courts or other

statutory authorities

- Men presenting with difficulty engaging with statutory authorities (Child Protection Services, the legal system) because of their use of violence and controlling behaviours
- Men who are not suitable for other programs e.g., too aggressive for group participation, resistant, mental health or other health condition affecting capacity to participate, literacy not at level required

Who Refers?

Justice/Corrections, police, Child Protection services, lawyers, mental health agencies, social workers, family, employers, health and community sector service providers, self-referrals.

More About The Service:

Working With the Man:

- Accredited Men's Behaviour Change Program meeting ACT and NSW standards
- 'Start now' capacity more likely to capture men in the post-violence window where they are taking some responsibility for their use of violence. Group programs create risk of further violence while the man is waiting for the program to start.
- Client engagement and service delivery options adaptable to circumstances – office-based, outreach (e.g. near workplace), phone or video conferencing options, some after-hours appointments
- Direct access to EveryMan's Indigenous Support and Accommodation program for cultural consultation and practice oversight.

Eligibility for participation is based on initial assessment to ensure that services are offered to people who:

- Have expressed a genuine desire to change.
- Want to stop hurting and frightening their partners and children. And would benefit from participation in the program to assist in that goal.

Preventing Violence, Changing Behaviour:

This is a 12-week psycho-educational group program for men who are struggling with a risk of violence or other abusive or controlling behaviour. The program helps men learn to identify feelings, attitudes and thought patterns which act as catalysts to violent, dangerous and disrespectful behaviours. It explores the gendered nature of violence, power and control, and supports men to take responsibility for their behaviour and its impact on people they care about.

Partner Advocacy and Support :

Our award winning Partner Advocacy and Support (PAS) works with partners, ex-partners, and family members of participants in the WWM and PVCB programs to increase safety and provide a safe place for partners, ex-partners, and family members to disclose concerns and provide feedback. PAS meets NSW best practice standards, and the program's work was acknowledged with the 2018 ACT Violence Prevention Award.

**Every man
can live a
fulfilling
life.**

Gender & Complex Needs.

Over the last twenty-five years, EveryMan has developed a distinctive, disciplined and effective approach to working with men with high and complex needs, and with their partners and families, integrating counselling and case management practices developed specifically for this population. Our complex needs services are also suitable for women and young people, and for Trans and Gender Diverse people.

Gender & Complex Needs.

Gender and Complex Needs Specialists

Over the last twenty-five years, EveryMan developed a whole-of-organisation specialization and a unique approach for working with people living with high and complex needs, developed over 12 years in an intensive and ongoing collaboration with nationally recognised complex needs specialists, the Bower Place Complex Needs Centre in Adelaide.

EveryMan has a formal agreement to use Bower Place IP and methodology which has been developed over 40 years to assist people presenting multifaceted clinical and case management challenges to child protection and other government authorities and to individual, couple and family support services. This has given EveryMan a purpose-built methodology that allows for maximum flexibility in service delivery while factoring in systemic, social justice, developmental and cognitive dimensions to our engagement with the client and with the constellation of family, statutory authority, legal and other entities forming their network of primary connections. We have the capacity and experience to support people with an integrated counselling and case management model developed for

men with high and complex needs, and with partners and families. Our complex needs services are available for women, children and young people, and Trans and Gender Diverse people.

Service Delivery Is Underpinned By Specific Modalities:

Social Justice.

Addresses inequality and its effects in the service delivery process, empowering the client to contract with the counsellor about the outcomes they want, and to own and be responsible for the work that's required

Strengths-based and solution-focused.

A non-deficit model is critical to building men's engagement and faith in the ability to change. We acknowledge the influence of deficit beliefs and ingrained cultural expectations of male competence, independence and effectiveness to help replace them with more effective ways of being.

Systemic

Unlike traditional counselling's emphasis on the person's past, our approach takes a wider view of factors impacting the present moment, and the immediate future - family, work, statutory involvement, health and mental health services, neurological and other physical sequelae to past trauma, future concerns and other issues.

DV aware

EveryMan counsellors are trained in domestic violence awareness and intervention, to ensure alertness to the presence of domestic or family violence risk, working with people who stay together or who separate, keeping the safety of women and children paramount. We have protocols for partner safety, and we will not collude with violence and victim blaming in any circumstance.

Professional

Our counsellors are post-tertiary level qualified practitioners who bring to their work a wide range of life and professional experience, knowledge and skills. Every counsellor undertakes regular and ongoing advanced practice professional training to provide continuous development to the quality, effectiveness and client focus of our service.

EveryMan supports men with high and complex needs to create a world that works for them, their families, and the communities in which they live.

Thanks for reading, we'd love to hear from you.

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